

# JOIN THE FUN of the 5th annual

All runners receive a "Sweat-Tech" t-shirt



**NEW COURSE" (Similar to the JFBC Polar Bear Course)**

presented by  
**WELLSTAR**

**2010 Platinum Sponsors**



Frederick J. Hanna  
& Associates, P.C.

**log on for more information**

[www.dogdaysrun.com](http://www.dogdaysrun.com) or [www.eastcobbrotary.com](http://www.eastcobbrotary.com)

It's not too late to add your company to the 2010 Dog Days Run sponsor list.

## ALL NET PROCEEDS

benefit local and international service projects of the East Cobb Rotary Club

- |  |  |
|--|--|
| School Mates Literacy Project          | Canine Assistance                                      |
| American Cancer Society Relay for Life | The Center for Family Resources                        |
| Camp Kudz for Juvenile Diabetes        | Brain Tumor Foundation                                 |
| Camp Hope                              | Wellstar Community Hospice                             |
| Boy Scouts of America                  | Chattahoochee Technical College ( <i>scholarship</i> ) |
|  | Rally Foundation                                       |

## Registration

**\$20 pre-registration**

**\$25 race day**

**\$25 "phantom" runner**

If you are unable to run, but want to support this event, please register as a "phantom" runner. A t-shirt will be mailed to you after the race.

## Start / Finish

**Johnson Ferry Baptist Church**

## General Parking

**Johnson Ferry Baptist Church**

## Convenient Registration

Register at : [www.active.com](http://www.active.com), in person at Fleet Feet, 224-B Johnson Ferry Rd., Atlanta, 30028 phone: 404.255.3338. Mail-in using the form below (entries must be received by August 7, 2010), race day registration opens at 6:30 a.m.

## Starting Times

**5K road race starts at 7:00 a.m.**

**1 mile Fun Run starts at 7:45 a.m.**

**"Tot Trot" starts at 8:00 a.m.**

**Awards at 9:00 a.m.**

## Contact Information:

**Des Yawn - 404/ 401-6502**

**Blaine Hess - 678/ 521-3379**

**more info at [www.eastcobbrotary.com](http://www.eastcobbrotary.com)**

**DOG DAYS RUN 5K**  
**Official Entry Form**

send check & entries to: Rotary Club of East Cobb, PO Box 72081 Marietta, GA 30007-2081

Name (please print clearly) \_\_\_\_\_

Address \_\_\_\_\_

City/ State/ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Gender *m f* Age as of Aug. 13, 2010 \_\_\_\_\_

e-mail (for reminders & updates) \_\_\_\_\_

Circle shirt size    small            medium            large            x-large

**Amount Enclosed**

cash, check or money order must accompany all entries

**Liability Waiver** In partial consideration of The Rotary Club of East Cobb accepting my entry as a participant in the Dog Days Run on August 14, 2010, the sufficiency of which is acknowledged by all parties, I am hereby waiving, or giving up, any right I may have to assert a claim, action, suit, seek damages, or otherwise be compensated in any manner for any cause of action, or injury, to me, or to any person or persons or property, or any demand whatsoever for any reason or cause arising from my affiliation with, or participation in, the Dog Days Run event.

I expressly understand that by participating in a running or walking event such as this could lead to short or long term injury or more serious consequences, and I affirmatively release from liability all persons, officers, directors, members, sponsors and affiliates of The Rotary Club of East Cobb for any such claim I might have, or could otherwise assert.

Participant Signature \_\_\_\_\_

Parent or Guardian Signature if I am not 18 years old \_\_\_\_\_

For Rotary Club Use Only